The Hampden Hippocrat

DECEMBER
1973

LIFE IS SHORT, THE ART LONG, OPPORTUNITY FLEETING, EXPERIENCE TREACHEROUS AND JUDGMENT DIFFICULT.

Hippocrates "Aphorisms"

HAMPDEN DISTRICT MEDICAL SOCIETY

1414 STATE STREET
SPRINGFIELD, MASS. 01109
Telephone: 736-0661

VIVIAN M. PURDY
Executive Secretary

CHRISTINE KOPF
Office Secretary

OFFICERS

SETRAG A. ZACARIAN, M.D. . . . . *President*
BERNARD BLOOM, M.D. . . . . *Vice President and President Elect*
WALTON E. STEVENS, M.D. . . . . *Secretary*
CARL W. JANOVSKY, M.D. . . . . *Assistant Secretary*
PAUL T. MOORE, M.D. . . . . *Treasurer*

EXECUTIVE COMMITTEE

SETRAG A. ZACARIAN, M.D.	*Ex-officio*	ROBERT N. LaMARCHE, M.D.
BERNARD BLOOM, M.D.	*Ex-officio*	PAUL T. MOORE, M.D.
WALTON E. STEVENS, M.D.	*Ex-officio*	AUGUSTO G. ASINAS, M.D.
JOHN J. BURKE, M.D.	*1974*	WILLIAM E. SHEEHAN, M.D.
WILLIAM J. CUMMINGS, M.D.	*1975*	SHELDON GOLDBERG, M.D.
ROBERT A. KELLEY, M.D.	*1976*	EDWARD I. KRAUS, M.D.

CHAIRMEN OF COMMITTEES

HOWARD N. SIMPSON, M.D. . . . . *Auditing*
JOSEPH R. KELLY, M.D. . . . . *Blue Shield District Professional Service*
HARRY N. MEMERY, M.D. . . . . *By-Laws*
MALCOLM S. ALLAN, M.D. . . . . *Censors*
ALFONSO A. PALERMO, M.D. . . . . *Commissioner of Trials*
FREDERICK C. SCHWENDENMANN, M.D. . . . . *Disaster Medical Care*
JOHN W. TURNER, M.D. . . . . *Mediation*
CYRIL E. SHEA, JR., M.D. . . . . *Insurance, Labor Relations, and Industrial Accidents*
MAURICE J. BOIVIN, M.D. . . . . *Legislative*
EUGENE G. BOSS, JR., M.D. . . . . *Malpractice and Medico-Legal Affairs*
THEODORE E. HOFFMAN, M.D. . . . . *Medico-Religious*
H. BERNARD TILLMAN, M.D. . . . . *Members' Insurance Programs*
STANLEY D. RAPINCHUK, M.D. . . . . *Mental Health*
ROBERT A. KELLEY, M.D. . . . . *Nominating*
BRUCE B. STOLER, M.D. . . . . *Peer Review*
JAMES G. FITZPATRICK, M.D. . . . . *Public Health*
AUGUSTO G. ASINAS, M.D. . . . . *Public Relations*
SETRAG A. ZACARIAN, M.D. AND BERNARD BLOOM, M.D. . . . . *Representatives to Community Council*
BERNARD BLOOM, M.D. . . . . *Scholarship*
GARDNER COX, II, M.D. . . . . *Tax Supported Medical Care*
J. RICHARD CHABOT, M.D. . . . . *Woman's Auxiliary*

COUNCILORS TO THE MMS

MALCOLM S. ALLAN, M.D.
AUGUSTO G. ASINAS, M.D.
EUGENE W. BEAUCHAMP, JR., M.D.
MAURICE J. BOIVIN, M.D.
GARDNER COX, II, M.D.
LOUIS F. DEROSE, M.D.
ELMER F. FRANSEEN, M.D.
JOHN F. GRIFFIN, M.D.
DONALD R. HAYES, M.D.
GARRY DeN. HOUGH, III, M.D.
JOSEPH R. KELLY, M.D.
FRANK G. MILLS, M.D.
PAUL T. MOORE, M.D.
LEO S. NEWMAN, M.D.
FREDERICK C. SCHWENDENMANN, M.D.
BRUCE B. STOLER, M.D.
EMANUEL WIEDMAN, M.D.
JOHN J. ZADWORNY, M.D.
ALLEN S. JOHNSON, M.D.
SETRAG A. ZACARIAN, M.D.
WALTON E. STEVENS, M.D.
JOHN C. AYRES, M.D.
LORNE C. SMITH, M.D.

JAMES D. ALLAN, M.D., *Executive Councilor*
ROBERT N. LaMARCHE, M.D., *Alternate Executive Councilor*
JOHN C. AYRES, *President Elect to M.M.S.*

THE HAMPDEN HIPPOCRAT
·1942·

VOL. XXIX, NO. 10 DECEMBER 1973

Contents

Your President's Page — Dr. S. Zacarian
"The Physician's Conscience and the Law" 5
Articles on this month's Theme — Ethics and Religion
"The Thirst for Life in Freedom, An Ethical Guideon" — Reverend Clarke B. Schaaf 7
"Ethics and Religion" — Dr. Herman E. Snyder . . 9
"Ethics and Morality" — The Rt. Reverend Alexander Stewart 10
"Ethics — From A Psychiatrist's View" — Dr. John Vorenberg 11
Mark Your Calendar Now : 14
One Man's Opinion — "An Upsurge in Medical Ethics" — Dr. Max Millman 15
Highlights from the November 1973 HDMS Executive Committee: 17
In Memoriam: Dr Stanley R. Dixon
Dr. Bernard J. Klein 20
Article: "Our Governor Sargent Speaks" 21
Thoughts That Inspire and Advise: 23
Editorial: "The Continuity of Life, Religion and Medicine" — Dr. Walton E. Stevens 24
The Poet's Corner:
"Christmas" — Mrs. James Fitzpatrick . . . .
"Ray of Hope" — Dr. Ibrihim Syed
"On Teachers" — A Young Editor
"Greeting" — Fra Giovanni 26
Correspondence & Letters to the Editors: 28
List of Advertisers:
They who make the Bulletin possible 30

The official bulletin for The Hampden District of The Massachusetts Medical Society. Founded in 1942 by Edward P. Bagg, Jr., M.D. and William A. R. Chapin, M.D.

PAST EDITORS AND CONTRIBUTORS
MAX MILLMAN, M.D.
JOHN C. AYRES, M.D.
H. BERNARD TILLMAN, M.D.

CURRENT BOARD OF EDITORS
WALTON E. STEVENS, M.D.
Editor-in Chief
PHILIP B. STODDARD, M.D.
Assistant Editor
JOSEPH B. GREENSPAN, M.D.
Secretary & Business Manager

ASSOCIATE EDITORS
JAMES D. ALLAN, M.D.
BERNARD BLOOM, M.D.
GARDNER COX II, M.D.
HELEN HARMAND, M.D.
ALONZO D. SHEFFIELD, M.D.
HOWARD N. SIMPSON, M.D.
SETRAG A. ZACARIAN, M.D.
JOHN J. ZADWORNY, M.D.

ADVERTISING DIRECTOR AND COORDINATOR
MRS. ARTHUR H. WILLARD

THE HAMPDEN HIPPOCRAT is published monthly except for July and August.

The opinions expressed in this bulletin are those of the writers and do not reflect the official viewpoint of the Hampden District Medical Society unless so stated.

Communications pertaining to editorial content should be addressed to the Editor-in-Chief, 24 Salem Road, Longmeadow, Mass. 01106.

Business communications should be addressed to the Business Manager, 91 School Street, Springfield, Mass. 01105.

Communications pertaining to advertising should be addressed to Mrs. Arthur Willard, 62 Irvington Street, Springfield, Mass. 01108; telephone: 733-5336.

To be assured of uninterrupted delivery of THE HAMPDEN HIPPOCRAT, notify us in advance of an address change and include your ZIP CODE number.

The defunct defecation reflex

Inhibited too often because of social and business pressures. Artificially stimulated by chronic abuse of harsh laxatives.

Deprived of the natural stimuli of bulk foods, exercise, and adequate fluid intake. The result is loss of muscle tone, constipation, and distension of the rectum.

Consider FLEET ENEMA as a helpful adjunct in restoring the normal defecation reflex:

- Provides rapid relief of constipation, usually within 2 to 5 minutes
- Works gently, without the cramping that often occurs with oral laxatives or the burning that may be associated with suppositories
- Cleanses the left colon and rectum without affecting upper portions of the GI tract
- Unique construction regulates flow—prevents leakage and reflux
- Anatomically correct, prelubricated rectal tip helps avoid injury to bowel wall
- Ready to use, easy to use, completely disposable

Contraindications: Do not use when nausea, vomiting, or abdominal pain is present. **Warnings:** Frequent or prolonged use of enemas may result in dependence. Take only when needed or when prescribed by a physician. **Precautions:** Do not administer to children under two years of age unless directed by a physician.

FREE BOOKLET. A supply of the patient booklet, *The Professional Treatment of Constipation*, is available, free of charge, on request to C. B. FLEET CO., INC., P. O. Box 1100, Lynchburg, Va. 24505.

Fleet Enema

The professional aid to constipation relief

Fleet

C. B. FLEET CO., INC.
Lynchburg, Va. 24505

Your President's Page

The Physician's Conscience And The Law

From the dark ages to the present, man's curiosity and intellect has brought about vast advances in technology, communication and longevity of life. With the attainment of physical comforts, a reasonable socio-economic status and time on his hands, he has begun to reflect and introspect. One such introspection had been with and from the passage of legislation approving abortions and sterilization.

Public focus is now turning away from the rights of the unborn, to those who are born with incurable congenital defects and to those who will soon die; voicing strong opposition to prolonging the lives of these unfortunate members of our society. There are physicians and a very active group in our Western civilization who propose legislative action for euthanasia.

The subject of euthanasia or mercy killing stirs the very foundation of our being. It transgresses our moral codes, our religious beliefs, the laws of our land, our oaths as physicians and torments the very core of our conscience. As practitioners, we are dedicated to relieve suffering, whenever possible, to cure the illness of our patients and to prolong life. There are those in our populace who would deny us the right to save lives, for they feel, in specific areas, this is both futile and impossible. Is it not sheer irony that medical science through the centuries has toiled to extend man's life and postpone the stopping of the time-clock in his life-span, yet now the public desires that we extinguish it?

As a doctor, I admit there are many instances of patients with terminal cancer, profound cardio-vascular disorders and of the new born with irreparable congenital defects, wherein even with all medical knowledge, the prognosis is totally hopeless, yet should we stop administering medication? When should a physician abandon hope? When should he attempt to play the role of *God* and decide to withhold available treatment? Should a doctor order an overdose of morphine or inject a lethal quantity of potassium chloride intravenously and produce instantaneous death? In our life time of practice, have we all not pronounced a patient to have a few months of life, only to have the patient outlive our pronouncement by a decade or more, by some spontaneous involution of his disease or malignancy? Will the physician of tomorrow be guided by the principles of medicine and the doctrine of his conscience or be regulated by the moral code of our civilization, which will in due course, unhesitatingly legislate such laws?

(cont.)

Ernest A. Byron, Jr.

SPRINGFIELD

There are some physicians who will advocate passive euthanasia for their patients who are literally vegetating, but I know of none who will practice active euthanasia. I ask, what is the difference between passive and active euthanasia, the former withholding treatment and the latter inducing death? Are we not quibbling over semantics? Are not passive and active euthanasia one and the same—the deliberate taking of life? I think yes!

Legislation pertaining to the subject of euthanasia has already been introduced in Congress as well as several individual states for serious consideration and enactment into law. The movement in this country for the establishment of the "Living Will," which proposes, rightfully so, the philosophy to "die with dignity" is both thought provoking and humane. With the foreseeable government control in the practice of medicine and the payment of medical care by the public, should the populace have the right to dictate who shall live and who shall die, in the name of cost controls? Thereby saving tax dollars for those who are deemed "*fit to live*"! Will the public and our government decide which infant will live or die, or what retarded individual is not worthy to live, and at what point should the oxygen of a terminal patient be turned off? Is the image of the physician to be altered from "the saver of lives" to the role of "executioner"?

These are complex questions in a complex time of our present civilization. As one of you, I share with you the highest regard and the deepest compassion for my fellow man. When he is ill, I instinctively reach out to dress his wounds. I alone could not make the profound pronouncement as to life or death, but I espouse, that when all reasonable hope and scientific endeavor appear futile, I should like to share the critical decision as to the course of action, not only with my patient, if cognizant of his condition, but also with my peers and when possible and practicable, the next of kin, the patient's religious leader, his legal counsel and respected friends.

I have herein expressed my own personal feelings and hold myself alone, accountable. But let me caution you, that as physicians, we may be faced with this burdensome task by both public and legislative action. Let us make certain that we truly express ourselves and not become mere pawns in the hands of compassionless society.

S. A. Zacarian, M. D.

A MAN'S ETHICAL BEHAVIOR SHOULD BE BASED EFFECTUALLY ON SYMPATHY, EDUCATION AND SOCIAL TIES AND NEEDS: NO RELIGIOUS BASIS IS NECESSARY. MAN WOULD INDEED BE IN A POOR WAY IF HE HAD TO BE RESTRAINED BY FEAR OF PUNISHMENT AND HOPE OF REWARD AFTER DEATH.

A. Einstein "Religion and Science"

For Information or Reservations for your Business of Pleasure Trip Contact:

WEIDNER TRAVEL BUREAU, INC.

SEE US AT OUR NEW LOCATION
69 MARKET STREET — GROUND FLOOR

TELEPHONE 781-0550 **SPRINGFIELD, MASS.**

ETHICS and RELIGION

Editorial Note:

The December Issue of your Hampden Hippocrat has been devoted to the theme of "Religion and Ethics" in years past and the 1973 issue will so continue. Religious leaders in our community have been asked to express themselves with a message centered about the December theme and the results of their efforts follows. The order of presentation is by alphabetic sequence of the author's last name. The Roman Catholic Bishop, Christopher J. Weldon was unable to prepare an article for publication because of ill-health.

The editors wish to thank these clergymen and to point out to our readers that the profession of medicine evolved from the primitive medicine man or shaman, who also was the progenitor of the earliest religions. Thus, from before recorded time until now, the health of the mind and the body has been tended to by one and/or the other of our professions in either distinct or symbolic efforts. For a healthy, total man or woman of 1973, the symbiotic approach seems best!

The Thirst For Life in Freedom— An Ethical Guideon.

"To be, to be forever, to be without end . . .
The thirst to be, to be more!
Hunger for God!
Thirst for eternal and eternalizing love!
—Unamuno

The birth of Jesus Christ, above all else, was the granting by God of the gift for freedom to *thirst for life.* We are free persons in Christ. We are free in that no person, no human institution, no government, no church, no corporation, no judge, no executioner, ever has any final authority over us. People may mistreat us, oppress us, imprison us, or kill us, but they cannot destroy us in our freedom to *thirst for life.*

The Christ who sets us free has also made us servants to that freedom. That is, to help others become free in a *thirst for life.* He has made us disciples and has shown us that we are a redemptive influence to the extent that we live as servants to other people. This is especially made apparent in the work of the physician.

Christ walked through the villages of Galilee, healing the wretched and the hopeless. His people were lepers, the lame, the blind, the psychotic, the guilty, the immoral, the poor. He spent his life with them, not as Lord, but as Servant! He put himself in bondage to those who needed him and He set them free. Christ is in us when we give that cup of cold water to a thirsty person, when we listen sympathetically to one in trouble, when we reach out to someone in need of love, when we heal the spirit and the body; in short, when we become a person for others.

A *thirst for life* is what every human being feels in the depth of his soul. This is the longing of every heart.

(over)

Luncheons — Dinners — Cocktails
WILLOW GLEN HOUSE
East Longmeadow, Mass.
232 No. Main St. — Tel. 525-2167

Fedor Dostoevski in his classic literary work, *The Brothers Karamazov,* has included a very colorful character named Ivan who is significant by the simple fact that he is so human . . . so very much like each of us. Ivan symbolizes the inner conflict of human existence. He represents the eternal struggle between reason and faith, logic and life itself. His role portrays the discrepancy between the way he thought that life ought to be and the way life really is. Dostoevski has Ivan saying to himself, "I have asked myself many times if there is anything in life that could ever destroy this tremendous, perhaps indecent thirst for life within me. . . . I have come to the conclusion that there is not!" *Thirst for life* in spite of everything is what he incarnated. This is the longing to be free to live life as it comes despite all its ambiguities.

Present in the life of almost every person are always the elements of agony and inner struggle, conflict and restlessness. There are many who become discouraged and despair of these conditions. Others wonder whether life is really worth it at all. However, the secret of Christmas and man's greatness and dignity and his sense of destiny is found in his willingness to overcome his struggles and keep alive his will and freedom to live . . . his *thirst for life.*

For the physician, in the midst of the complexity of our modern world and the situational conflicts found everywhere, in the existence of pain and suffering, brokenness and despair, in the midst of all the harsh realities of life, he or she can talk about a *thirst for life* which is always greater than its discouraging elements. The contradictions and paradoxes of human existence cannot quench the freedom to live life and a desire to live it abundantly.

Jesus said, "I have come that men may have life, and may have it in all its fullness." The abundance of the life which Christ promised to give comes as a gift for a victorious and more satisfying human existence.

At this time of Christmas birth, let each of us consider a re-birth as a Christian to say Yes to life is to say Yes to Christ. He is the source of that unquenchable thirst which only He alone can satisfy.

Clarke B. Schaaf
The First Church of Christ
Longmeadow, Massachusetts

SITTERS

FOR WEEKENDS, VACATIONS

Also evening sitter, sitters for elderly, people when ill, pet sitters, heavy home cleaners, bartenders, women to serve food and clean-up after party.

Telephone 736-8159

HOME & SITTER SERVICES, INC. - TELEPHONE 736-8159 TM

P.O. Box 1861, Springfield, Mass. 01101

Consultants to the Traveling Public — Over 70 Years of Service

CRUISES • TOURS • AIRLINE RESERVATIONS

CARROLL TRAVEL BUREAU, INC.

739-7391

1383 Main St., Springfield (Johnson's Bookstore Building)

Ethics And Religion

In Judaism there is no distinction between ethics and religion. They are one and inseparable. They grow out of the belief in the common Fatherhood of God and the common brotherhood of man. It is evidenced in theory, in theology, in pronouncements, and in action.

Basic is the attitude towards our fellowmen. It is reflected in the Jewish interpretation of the creation story as recorded in the opening chapters of the Bible. The Jewish commentators were intrigued with the account of the creation of Eve in such a round-about fashion. Whereas in all other instances God created everything male and female, in the case of the human He created only one being, Adam. Adam was placed in a deep sleep as under anesthesia, an operation was performed, a rib was removed and converted into a woman, Eve. The Jewish teachers declared this account was to emphasize that no people had a right to boast better ancestry over his neighbor since we all share the same one ancestor if we go back far enough, and furthermore that we are all blood-related.

Repeatedly is this belief stressed. There is but one single code for all—for the Jew, the foreigner and alien, the orphan and widow, the rich and the poor. Judaism taught "Love thy neighbor as thyself" and the "neighbor" is every person regardless of nationality, language, religion, friend or foe, or race. Judaism knows nothing of races but only the human race.

Although Jews enjoy a reputation as being an unusually charitable people their generosity is not born out of charity. Charity has the inference of voluntary giving, of the haves giving to the have-nots, of contributing to the less-fortunate. Charity has a connotation of discretion on the part of the giver. Jewish giving is the logical outgrowth of the belief in the brotherhood of man. Helping a fellow-human being, although a total stranger, is identical to helping a member of the family. It is called by a Hebrew word "Z'dakah" which literally means "just, justice, right, righteousness." Helping is not only the right thing to do but it is a mandatory thing to do. How then prove the fundamental belief that there is one God and we are one human family even if we do not share the same belief. In its ideal state, Judaism teaches that even a person who is on relief should contribute something, no matter how little, in order to prove his belief in his responsibility for his fellow and his belief in the Fatherhood of God.

The Jewish Prophet replied to his own rhetorical question "What does the Lord require of you?" in the summary "To do justly, to love mercy, and to walk humbly with God." The proof of religion is in its ethics, and the ethics demonstrates the religion.

Dr. Herman E. Snyder
Rabbi

The subject was suggested by the editor for this issue.

CENTRAL TRAVEL BUREAU

222 Worthington St. Springfield

781-1680

CERTIFIED TRAVEL COUNSELOR

Ethics and Morality

Ethics and Morality are much in the headlines these days. Yet even in politics, the ethical dilemmas are not as acute as they are for the physician. Euthanasia, abortion, transplants, are among the more obvious problems confronting the physician. Less publicized but equally puzzling are the dilemmas that confront the doctor in his daily practice. Should he give a prescription for birth control pills to a young girl who is obviously not ready in terms of maturity to handle the problems of sex? Should he sign the medical form for a long term patient which will grant the man an early retirement and pension when he suspects the man is magnifying 'the pain in his back,' and really wants to make a paying business out of his hobby? Should he report to the police that 'accidental gun shot wound' of a well known citizen or the bruises on a child he suspects were sustained from an angry parent? Should he tell the truth—and how soon—to the family of a patient whose future is ever so clearly pictured by the biopsy when he knows that he could hold off for another two or three months?

Is there a day when a doctor is not confronted by an ethical dilemma that seems to require the wisdom of Solomon? Obviously, those days are rare. That some doctors are unable to recognize ethical and moral dilemmas is evident from the occasional headline, "Doctor arrested for drug misuse," "Medical leader indicted for double charges to medicare," "Doctor's testimony refuted in million dollar suit."

Are there any ethical guidelines in addition to the Oath of Hippocrates? To whom can the doctor turn in a world where practices and principles seem to change with seasons? There are, in addition to the Ten Commandments, some eternal truths in the field of ethics and morality which any doctor might find helpful. Immanuel Kant the philosopher established the 'categorical imperative,' "So act that the result of your act could become a universal law." In other words, would you want your wife and children treated the way you are treating somebody else? For an act to be ethical or moral four factors must be considered: 1) The Means, 2) The End, 3) The Motive and 4) The Consequences. Often we hear "but the *end* is so important that it justifies an illegal or unethical *means*." To which we must respond, "The means used can destroy the end toward which you are working." Only if you can consider all four of these factors as positive can you consider an action to be that of a wise and prudent man or woman.

What is the result of unethical or immoral action? Invariably as history indicates you will notice the following phenomena: 1) *Snowballing*—one unethical act leads to another. What started as a rather insignificant evasion of the law or an immoral action requires another and another to provide a "cover up." That is a popular phrase these days I do believe. So snowballing is inevitable. 2) This is often covered up by SMOKESCREEN techniques, namely, rationalization, everyone is doing it

54th ANNIVERSARY YEAR
TOROS OMARTIAN & SON, INC.
We Buy and Sell ORIENTAL RUGS
390 Bridge Street Tel. 736-1531 Opp. the Kimball Towers

and it really isn't very dangerous—after all, who's getting hurt if one businessman gives to a customer a gift for Christmas or the loan of his condominium in the Caribbean. Usually, as we know—one favor merits another—such as preferential consideration on a government contract or a favored position on the Medical Board. 3) Inevitably we encounter *BACKFIRE* for the unethical act is discovered or leaks in one way or another and then the price must be paid—either in reputation, a fine by the Internal Revenue Service, or a shattered life or marriage or profession. And the question is asked: "Was it worth it?" The irony of history is that the perpetrator often becomes later the victim of his own cleverness.

Ethical action is not based on statistical trends. Because 51% of physicians were to approve of a given practice would not necessarily make it moral or ethical. Nor can we claim that an ethical action is wrong *only* when it passes a certain checkpoint or amount of money. The man offered the lady one million dollars if she would spend the night with him. For that amount she said she would accept. He then said, "Sorry, I've only got fifty bucks, let's go anyway," "What kind of a woman do you think I am?" she asked. "We've already determined that. All we are haggling about is the price," he answered. The danger of situational ethics is that it takes the extraordinary unusual occurrence and allows it to get a new standard for the ethical norm. Every physician, every clergyman has encountered the 'unique' situation where he has had to transcend the law because of the higher cause of justice to be served. But he also knows that this is the *rare* exception and he must make it the rule in view of Kant's maxim, "So act that the result of your act could become a universal law."

The Rt. Reverend Alexander Stewart
Episcopal Bishop in
Western Massachusetts
37 Chestnut Street
Springfield, Massachusetts

KING'S PHARMACY
Ethel K. King, Manager
117 MAIN STREET
CHICOPEE FALLS — 592-1651

ESTABLISHED IN THE YEAR 1861
Dickinson-Streeter
Funeral Service
305 STATE ST., SPRINGFIELD, MASS.
RICHARD C. STREETER G. WALLACE STREETER
EARLE C. BRADLEY ALFRED J. GAY

When the supportive care your hospitalized patient is receiving could be equally performed in her own home, consider prescribing HOMEMAKERS home and health care services for the duration of her convalescence or crisis.

Upjohn
HOMEMAKERS®
Home and Health Care Services

HELPING YOU TO HELP YOUR PATIENT.

HOMEMAKERS®
93 Van Deene Avenue
West Springfield, Mass. 01089
Ph. (413) 739-9654
739-9655

GCM
GOLD CROSS MEDICAL
SERVICES, INC.

PHYSICIANS' SUPPLIES
HOME CARE EQUIPMENT
HOSPITAL SUPPLIES

Rental – Sales – Service
NEW or USED

(Don't overlook good re-conditioned equipment)

CALL US NOW:
734-5695

Wheelchairs

A proper fit is essential — so come to the wheelchair specialists! Most models in stock, and our experts can custom-build your chair. **Rental-Sales-Service.** Authorized Everest & Jennings dealer. Call 734-5695.

GCM
GOLD CROSS MEDICAL
SERVICES INC

78 Island Pond Road
Springfield, Mass.

Oxygen in your home

Continuous 24-hour home respiratory and oxygen service, full instructions, safe, easy to operate. Delivery and set-up. Supervised by Certified Inhalation therapist. Call 734-5695.

GCM
GOLD CROSS MEDICAL
SERVICES INC

78 Island Pond Rd.
Springfield, Mass.

Hospital Beds

Patient comfort at home. New or used beds, all types — manual and electric. All accessories: safety rails, trapeze, mattresses. Rental-Sales-Service. Delivery and set-up. Call 734-5695.

GCM
GOLD CROSS MEDICAL
SERVICES INC

78 Island Pond Road
Springfield, Mass.

Ethics—From A Psychiatrist's View

In spite of my newness to the area and only having been a member of the Society for a bit more than a year, your President has encouraged me to write an editorial. I do so with some reluctance because I am new and because my specialty is psychiatry.

My career has been devoted to working in general hospitals consulting with and teaching non-psychiatric physicians in a variety of capacities. The challenge of working across the schism between the mind and the body is one I have always found fascinating and continue to do so. My point of view of this dichotomy is that it is more apparent than real. It is impossible for patients to have serious medical illnesses or face surgery without becoming seriously anxious, seriously depressed, or both. Further, the truism that the complaints showing up in the doctor's office for the first time are more than 50% entirely functional is true in Springfield as it is anyplace else. Yet, my impression, perhaps naive but definite, since I have been a member of this Society, is that there is an enormous sequestering of psychiatrists in their own offices creating a feeling of unavailability to their medical colleagues. The result, as I see it, is that my new medical colleagues feel compelled to "go it alone." Problems that they know to be functional, complaints that they know to have no organic basis have to be dealt with with the new psychoactive drugs as best they can.

Another fallout I suspect of this unfortunate schism is that many of the stimulating issues which are now upon us in the overall practice of medicine are those which cross the interface. These issues seem to be rarely confronted by any organized seminar or open forum for discussion. The close relationship which arose around the issues of "Death and Dying" has become quite a natural route to bring about collaborative efforts between psychiatrists and their medical colleagues. There are many ethical questions which require collaborative efforts which are apparently not in open discussion within the confines of this Society; i. e., how do patients get selected for dialysis with the limited renal transplant facilities; how do we communicate to a hospital structure that a patient is terminal and should be allowed to die with dignity without leaving ourselves vulnerable to the charge of euthanasia and not caring, etc. The sticky area involving birth control, contraception, and therapeutic interruption of pregnancy seems to have become an operational issue, that is, we get the job done, rather than joining together to bring out into the open the varying attitudes so that all can share in discussing all points of view. The problem of child abuse, the increase in psychosurgery both present broad issues of clinical and ethical significance. The medical community as a whole and we as parents are involved in the problem of today's adolescents with particular focus on earlier exposure to sexual experimentation and increasing drug abuse.

I recognize that these issues may seem less compelling than the many threats administratively to the practice of medicine, but they seem just as worthy of the Society's attention.

John Vorenberg, M. D.

O, OUR LIVES' SWEETNESS! THAT WE THE PAIN OF DEATH WOULD HOURLY DIE. RATHER THAN DIE AT ONCE!

Shakespeare "King Lear"

Mark Your Calendar Now

Hampden District Medical Society
Tuesday, February 5, 1974
The Opera House, Yankee Pedlar, Holyoke

Tuesday, April 30, 1974
Storrowton Tavern, Stagecoach Barn

Executive Committee Meetings
December 18, 1973
January 15, 1974
February 19, 1974
March 19, 1974
April 16, 1974
May 21, 1974
June 11, 1974

Censor Meetings
Thursday, December 6, 1973
Thursday, May 2, 1974

Pre-Council Meetings
Thursday, January 3, 1974
Thursday, April 18, 1974

State Executive Meetings
Wednesday, January 9, 1974
Wednesday, April 24, 1974

State Council Meetings
Wednesday, January 9, 1974
Wednesday, May 22, 1974

State Annual Meeting
May 28, 29, 30, 1974

American Medical Association Meetings
Clinical
Portland, Oregon, December 1-4, 1974
Honolulu, Hawaii, November 30-December 4, 1975
Philadelphia, Pennsylvania, November 28-December 1, 1976
1974 Chicago, Illinois, June 22-27
1975 Atlantic City, New Jersey, June 15-19
1976 Dallas, Texas, June 27-July 1, 1976

PHYSICIANS . . .

Do You Wish To Cooperate During This Energy Crisis?

Why not lease a well tuned automobile, with a service pledge, which will keep it running as economically as possible? Leasing periods are from 12 to 36 months.

Your choice of the entire Lincoln Mercury line—a Capri to the Mark IV. The Peugeot 504, the French car of durability and underplayed luxury, is also available.

Contact JOHN PENSO, JR. for details

PEN LINCOLN MERCURY LEASING

1355 BOSTON ROAD, SPRINGFIELD

Telephone (413) 783-1211

One Man's Opinion.....

An Upsurge In Medical Ethics

A tremendous upsurge of interest in medical ethics is looming on the horizon. More and more medical schools, hospitals and medical centers are developing programs to bring ethics into academic and clinical teaching settings. These facts were brought strikingly into focus at a recent Congress on Medical Ethics sponsored by the Judicial Council of the AMA.

Thus, we learn that at least 37 medical schools are now offering some kind of medical ethics elective. Some sponsor special lectures and conferences as a way of introducing the subject to their students and faculty. Others have set aside a full day or two for the intensive exploration of ethical issues. Then there are the medical centers that have developed internship and residency programs where the young MD spends a month primarily in the study of ethical problems.

The subjects covered in these various programs include the distribution of medical resources, the delivery of medical care, genetic engineering and counseling, organ transplants, abortion, and the decision to stop treatment of a dying patient. In the case of researchers the ethics of experimental medicine are also stressed. The personnel involved in these programs include members of the medical profession as well as representatives from other disciplines, such as law, religion, philosophy, economics, history, and sociology. Most notable is "Grand Rounds in Medical Ethics," a program developed by Melvin Levine, M. D., clinical director of the Kennedy Foundation Program in Medical Ethics at Harvard Medical School. This program entails the active participation of patients in the decision making process. The responses of the patients are discussed later by a multidisciplinary team.

Escalating biomedical advances have escalated also moral and ethical problems. It is gratifying, therefore, to discover that our professional leadership is showing evidence of an ever increasing interest in the subject of medical ethics. What we need is more and more of the type of programs described above.

Max Millman.

* *

Traditional
New England Hospitality

YANKEE PEDLAR INN
Miss Bess Stathis, Innkeeper
Rt. 5 at 202 Holyoke, Mass.
Phone: 532-9494

W. F. YOUNG, INC.
MANUFACTURERS OF
Absorbine Jr.
ABSORBINE
ARTHRITIC PAIN LOTION

Quote:
The AMA doesn't represent me.
Unquote.

Maybe that's the way you feel. Thinking we do little to protect your way of life. Or that we don't share your views.

If it be true . . .

Who did successfully testify against a headlong rush into a large-scale HMO program?

Who did propose a program of *voluntary* national health insurance and succeeded in enlisting more Congressional co-sponsors for it than any other national health insurance bill?

Who did propose the development of nation-wide community emergency medical services? Who did promote maternal and child care programs? Federal aid to medical schools? Stronger occupational health and safety laws?

The AMA. The fact is, the AMA works hard—and effectively—to represent your interests.

Obviously, we can't represent the views of all physicians all of the time. But the goals we do share far outweigh any differences that may separate us.

Join us.
We can do much more together.
American Medical Association
535 N. Dearborn St./Chicago, Ill. 60610

Highlights From The November 1973 HDMS Executive Committee Meeting

The Executive Committee of the HDMS convened on Tuesday, the 20th of October 1973 in the Society's conference room. Dr. Zacarian called the meeting to order at 7 PM; in attendence were doctors Asinas, Cummings, Goldberg, Janovsky, Kraus, LaMarche, Moore and Stevens. Absent were doctors Bloom, Burke, Kelley and Sheehan.

The Health Service Foundation, Inc. of 1537 Main Street, Springfield sent two representatives to present the community services available from this organization. Mr. Dennis Murphy, R.N. and Miss Margaret Dorn, R.N., as the principal instructors for what is primarily a school to train nurses' assistants, did an excellent job of presentation. Support from the HDMS will be considered.

The minutes of the October 19, 1973 meeting were then read and approved without comment or correction.

Correspondence: Six items of correspondence were presented. 1) Two letters from the MMS were read, one from Dr. Colcock who indicated he will be unable to attend our 30 November stated meeting. He will be at the AMA meeting in Anaheim, California. The other was from Dr. Gephart in which he thanked the HDMS for hosting the Council meeting. (See under letters to the Editor).

2) The Pharmaceutical Manufacturing Association, over the signature of C. Joseph Stetler, informed us that the speech by Senator Kennedy to the association's annual meeting on July 22, 1973 contained data which affected the practice of medicine. His Health Subcommittee of the Senate's Labor and Welfare Committee will hold hearings in January 1974 so that major legislation can be written which will significally change the processing and distribution of pharmaceuticals in the country. The AMA is aware of the hearings and our local representative, Mr. Baltaks will attend.

3) The unit of Boy Scouts of America from New Brunswick, New Jersey asked for information on the VD program being presented here by the HDMS to the public schools of Springfield. The item was forwarded to Dr. Jas. Fitzpatrick as chairman of the Public Health Committee.

4) A questionnaire asking for a position concerning the Bentsen amendment by the HDMS was signed and sent to the AMA by our president.

5) A letter from STCC dealing with oral cancer detection and screening was read and filed as informational.

6) Dr. Walter Tauber wrote to the HDMS requesting action against the Welfare Department because of its failure to pay back accounts. He will be reassured that the governor has signed a 70 million dollar deficiency bill into law and there now is funding to reimburse all carriers and vendors. (See Letters to the Editor—Dr. Alifano.)

Old Business: The problems related to ethical announcements in the Yellow Pages of the telephone directory were discussed again. The HDMS has no

(over)

PALMER'S KENNELS
BOARDING - TRIMMING - GROOMING
AIR FREIGHT ACCOMMODATING
YOUR DOG IS OUR ONLY BUSINESS
JOHN H. BORTLE
(413) 525-3532
141 PORTER ROAD
EAST LONGMEADOW, MASS.

Henderson's
Funeral Home

muscle or leverage against the directory advertising agency; it can only complain after the fact of publication.

An amendment to the HDMS by-laws was referred back to Dr. Memory for further revision.

Dr. Wallwork's statement about acupuncture was read and will be carried in the Hippocrate. The contact still should be physician to physician.

Dr. Janovsky suggested that the Greater Springfield Pediatric Assoc. be contacted for a list of names to be furnished the Pioneer Valley Council of the Boy Scouts of America of pediatricians willing to do precamp physicals.

Two other matters were discussed and disposed of by the committee.

Committee Reports: Dr. Asinas reported in the activities of his Public Relations Committee. He announced that the MMS will continue to employ HARCOM Associates for itself and the districts.

A MMS committee report on pending national and state legislation was read into the minutes.

New Business: As a result of a letter sent from Dr. Keaney questioning the licensure of audiologists, Dr. S. Goldberg questioned the mechanism of removing unethical advertising in the Hampden Hippocrat. Dr. Zacarian will inform the Editorial Staff of the wishes of the HDMS with respect to the advertising policy to be followed. All members of the district should notify the editor that they have found an advertiser in the Hippocrat to be unethical and thereby have the offensive ad removed.

The attorney of the HDMS was contacted by its secretary, to assist in the solution of a problem relating to the need of putting a physician's BNDD number on all prescriptions issued to welfare patients. Without this number the druggists are unable to collect for the prescription. The solution has been forthcoming in that the BNDD number need only be placed on those prescriptions requiring it by federal law.

Mount Snow forwarded a brochure and indicate that its personnel would be willing to arrange for packaged trips for members of the HDMS. Interstate physicians and families should contact the HDMS office.

Channel 57 (the Educational network) sent a reminder that a series of programs entitled "The Killers" will be soon appearing in our area. A time schedule will be published in the Hippocrat.

Dr. Zacarian and Mr. Monte Flagg of the Springfield School system have arranged a distribution system for the films on VD.

(cont.)

PLEASE HELP

FIND AN

ADVERTISEMENT FOR

THIS SPACE.

EDITOR

FOREST PARK AMBULANCE SERVICE

AMBULANCE ASSOCIATION OF AMERICA

MEDICARE SERVICE AVAILABLE

1186 STATE STREET
SPRINGFIELD, MASS.

739-7373

ANYWHERE - ANYTIME 24 HOURS

An inquiry was made by the Springfield Republican to do another special issue on health, in October 1974. The matter was tabled.

Because of a conflict in scheduling the HDMS will not be able to send an official representative to the Special Meeting on *National Health Insurance* called by Mr. John P. Lynch, Registrar of Deeds. A synopsis of the meeting is to be forwarded to the Editor of the Hippocrat for inclusion at a later date. This public hearing on such a vital subject must not be allowed to flounder because of lack of physician interest.

Your executive secretary, Mrs. V. Purdy, attended the hearing concerned with changes in telephone rates. The hearing is to be continued.

The private practicing physician should be first choice in request for insurance examinations and not Emergency Room physicians. The agents will be urged to contact the HDMS office for listing of willing physicians.

The Executive Committee voted not to support the WMHPC's request for funding.

The meeting was adjourned at 9.35 PM.

Respectfully submitted,
Walton E. Stevens, M.D.
Secretary, Hampden
District Medical Society

* * *

* * *

This bulletin is now being printed by *Valley Printing Company*, 19 Mosher St., West Springfield, Telephone 739-1046. Please forward any comments on this publication to the editor.

* * *

"THE MOST NORMAL HEARING THAT I HAVE EVER EXPERIENCED WITH A HEARING AID."

There's nothing half-hearted about the reactions of hearing aid users who have tried the Beltone Etude.

We'll be happy to see that you receive a free brochure. Or – better yet – why not make a sound comparison? Just call or write: Beltone Hearing Aid.

Beltone® HEARING AID SERVICE
733-3196
276 WORTHINGTON

Landen-True
SPRINGFIELD JEWELERS FOR OVER A CENTURY
1365 MAIN STREET BRIGHAM BUILDING

In Memoriam

Stanley R. Dixon, M.D.
1897 — 1973

Doctor Stanley R. Dixon, of 479 Hazard Ave., Enfield, Conn., passed away in the Wesson Memorial Hospital on the 29th of October, 1973. He was a general practitioner and a member of the Hampden District Medical Society since 1930. He was on the staff of the Ludlow Hospital and a member of the American Academy of General Practice. He also belonged to the American Medical Association, the Massachusetts Medical Society and the Springfield Academy of Medicine.

He was born in New Britain, Conn. on March 18, 1897, thereby passing his 76th year. He received his undergraduate education in Middlebury College and Syracuse University and graduated from The Missouri College of Medicine and Surgery in 1927. He served his internship at the Wesson Memorial Hospital and did postinternship studies at the Danbury Hospital in Danbury, Conn.

He is survived by his wife Priscilla and a son and daughter, to whom the HDMS extends its sympathy. Patients and colleagues are saddened by his passing.

Bernard J. Klein, M.D.
1898 — 1973

Doctor Bernard J. Klein, of 120 Leyfred Terrace, Springfield expired in his home on the 28th of October, 1973. He was a general practitioner and a member of the Hampden District Medical Society since 1933 and honored as one of the Massachusetts Medical Society's 50 year men. He was on the staff of the Springfield Hospital Medical Center, wherein he had faithfully served for 40 years.

He was born in East Boston on May 11, 1898 and thus in his 75th year. He received his undergraduate work and education at Tufts University and went on in that institution to earn his Doctor of Medicine in 1922. He interned at the Brockton Hospital.

His wife May and his son have the HDMS's concern and regrets that such a fine man is no longer with them and us.

IT MATTERS NOT WHAT RELIGION AN ILL MAN IS OF.

Thos. Fuller "Gnomologia"

WHEN SHALL ALL MENS GOOD BE EACH MAN'S RULE. . . . AND UNIVERSAL PEACE BE LIKE A SHAFT OF LIGHT ACROSS THE LAND?

Alfred Lord Tennyson

Norman's Pharmacy

124 ISLAND POND ROAD
SPRINGFIELD, MASS.

"Yes, We Deliver" — 736-3623

"As Near As Your Phone"

MYLANTA

FRANK BOBBIN

"Our Governor Sargent Speaks"

The Western Massachusetts Health Planning Council, Incorporated extended an invitation through its Corporators and its Board of Directors to certain physicians and non-physicians to listen to our Commonwealth's Governor, Francis W. Sargent. The occasion was its fifth Annual meeting which was held in the new Holiday Inn in Holyoke on the 30th of October 1973.

Such an opportunity to hear first hand or first ear should not have been shared by so few. Regardless of the fact that the meeting was in essence closed to those not directly participating in the affairs of the Health Council, the meeting could have been open to all those individuals interested in furthering the cause of quality health care for western Massachusetts. As it was the business portion of the meeting was deferred until after the governor spoke and those individuals without concern or comment could have been excused.

His excellency chose not to answer any questions and the audience was so informed before he began his presentation. It was concise, to the point and very appropriate for the evening but by precluding questions our governor missed the vital feedback he should have from the hinterland. Your reporter was distressed at the missing of such an excellent chance for an open exchange of ideas and information. It is recommended that at future presentations, an aid go over written questions handed in from the audience.

The thrust of the presentation was threefold. First, that the Commonwealth's Health Care System needs to be changed; it is facing problems entirely new and not anticipated. The Federal Health Policy changes are exerting great pressures to update and revise. The Governor's reorganization plans, as presented to the General Court, will allow the Commonwealth to adapt and conform to the *new health systems* and schemes under study in Washington. His excellency stressed that concerned people must regain and restore confidence in our country by participating. Secondly, the governor indicated that the concepts about and value of Health Planning Councils were at a crossroad. He defended the *"certificate of need"* and gave statistics to prove its current value and dollar savings to the citizenry. The essence of the certificate is in the local health planning council's ability to say NO; informed and envolved consumers can reach proper decisions. He urged those in attendance to express themselves to their local legislators about the C/N.

The third part of his presentation dealt briefly with the problems of welfare payments and he indicated that a bill had been submitted to cover deficiencies to the extent of seventy million dollars for work already done and billed. He further indicated that hopefully this difficulty would not arise again. He was thanked for his presentation and for taking time out of his busy schedule by Dr. Omar T. Pace as president of the Western Massachusetts Health Planning Council.

W. E. Stevens, M.D.

(Ed.'s Note: The deficiency bill is now law.)

ALLISON WINDOW CLEANING
ESTABLISHED 1959 - INSURED
WINDOW CLEANING
COMPLETE JANITORIAL SERVICE
Residential - Commercial - Industrial
RUG & CARPET CLEANING
Walls Washed - Floors Waxed & Polished
699 N Westfield F H.....786-5676

THE UNUSUAL AND CUDDLY AUSTRALIAN KOALA BEAR

The koala is but one of many unusual Australian animals which seemingly transport visitors back into time. This unaltered continent of "living fossils" was cut off from the rest of the world some 60 million years ago. Its strange plants and animals have evolved in total isolation! This is a land as unique as our upcoming South Pacific Adventure. Join us on our two exciting and sun-filled weeks in New Zealand, Australia and Tahiti . . . for the low package price of $1098. There's absolutely no regimentation . . . do as you please—when you please. A $100 deposit will assure you space on our Adventure when we head for the sunny, summer skies of the South Pacific.

RETURN THIS COUPON TODAY

Send To: **Hampden District Medical Society**
1414 State Street
Springfield, Massachusetts 01109

Enclosed is my check for $_____($100 per person) as deposit. I understand the total deposit will be refunded if it becomes necessary to cancel my South Pacific Adventure membership at least 60 days before departure, at which time final payment is due.

NAMES

HOME ADDRESS

CITY STATE ZIP CODE PHONE

Thoughts That Inspire And Advise . . .

A man who gives his children a habit of industry, provides for them better than giving them a stock of money.
Geo. P. Ellis 1808

To get wisdom is better than gold; to get understanding is to be chosen rather than silver. Proverbs 16:16

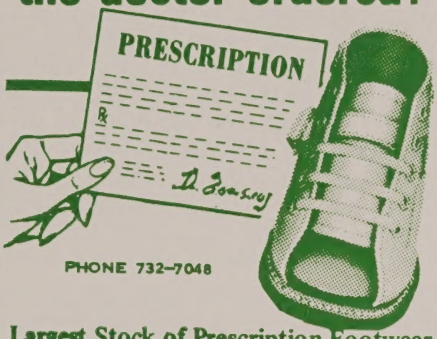
A cheerful heart is a good medicine, but a downcast spirit dries up the bones.
Proverbs 17:22

Death and life are in the power of the tongue, and those who love it will eat its fruits. Proverbs 18:21

Many are the plans in the mind of a man, but it is the purpose of the Lord that will be established.
Proverbs 19:21

Affirmation of life is the spiritual act by which man ceases to live unreflectively and begins to devote himself to his life with reverence in order to raise it to its true value. To affirm life is to deepen, to make more inward, and to exalt the will to live.
A. Schweitzer

We have just what the doctor ordered!



PHONE 732-7048

Largest Stock of Prescription Footwear in the Area –
Men, Women and Children

ARNOLD'S
Foot Health SHOES

327 BRIDGE ST., SPRINGFIELD, MASS.

COLONIAL MOBILETELEPHONE and PAGING SERVICE, Inc.

FOR FREE ESTIMATES & DEMONSTRATION, OR MORE INFORMATION, PLEASE CALL

72 ENDECOTT ST.
SPRINGFIELD **783-4351**
SERVING HAMPDEN & HAMPSHIRE COUNTIES

LOCAL TOLL FREE IN AND OUT
NO MESSAGE UNIT CHARGES

ONE FLAT RATE REASONABLE PRICES

Editorial . . .

The Continuity of Life, Religion and Medicine

Darwin's theory of evolution provides a plausible answer to the multiple life styles surrounding us; to the enquiring scientific mind, it is a better answer than that found in the first chapter of Genesis. It fell upon the shaman of prehistoric man to attempt to bring order out of chaos and to explain the animal activities of his tribe. The concepts of supernatural beings interacting with nature and man spawned early religion, while the findings that application of physical means to the or into the body alleviated distress and disease generated early medicine.. As cultures rose and fell, so did the position of the shaman, the shaman-priest, the priest and the shaman-physician and the physician. Only in historic times did the two callings separate into two distinct bodies of knowledge, paraphenalia and practice. Yet today, both the clergyman and the physician instinctively realize the interdependence of each upon the other and especially when dealing with a parishioner-patient. They both realize that a sound mind and body, the soma, depend upon the other as do both upon the breath of life or God's gift—the *soul.*

As man's *soma* (at least the outer layers) diversified to allow a better adaption to his environment, so did his *soul* diversify as well. Yet those humans in the western world, regardless of apparent diversity all believe in the same and one God. Islam teaches that religion is one and continuous. The god of Abraham is not only the god of the Hebrews and the Christians, but of the Muslims as well. A succession of prophets and wisemen have brought and returned the word of God to man in the beginning and when it has been lost. 1.43 billion souls espouse to the western god, while 1.11 billion follow eastern gods. The world, its peoples and their religions is not neatly divided but are haphazardly distributed. The diversification of souls has resulted in the greatest crimes of man against man.

Cousin attacks cousin, bloodbrother fights alongside bloodbrother. When the issue is not *soul* it is outward appearance or *soma.* Skin color and appendages (or lack thereof) have become more important than the physician's physical fact that within four major interrelated groupings man's blood mixes with man's blood but not the highest of apes! Except to the anatomist or surgeon, who frequently see beneath the exterior skin, most men refuse to believe that "they" were also created in God's image. The *soma* (as seen) predominates. The disciplines of immunology, tissue culture, organ transplant, of biochemistry, anatomy and physiology have demonstrated to the physician that even on the surface the many *soma* differences are individual, personal and not national or racial. The physician often forgets the oneness of men and their common beginning, in a narrow approach to the *soma.*

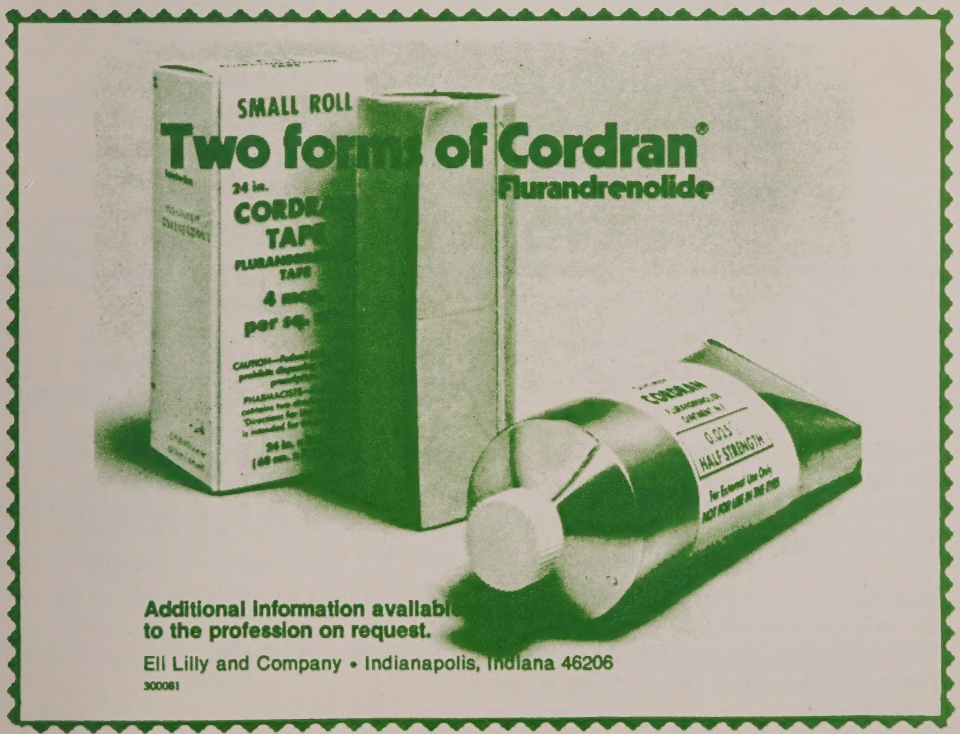
Currently, Islam and Israel are at odds, protestant argues with protestant and disagrees with Roman Catholic or Greek Orthodox. The theologians do not have the surgeons knives (except sacrificial), the chemists' test tubes or the immunologists' microscope. Their paraphenalia of Dead Sea Scrolls, Torah, Bible and Koran, of prayer rug, beads and cross continues to emphasize the differences. Even though those differences are continually being minimized by new historical and scientific fact and cultural change. Often the theologian is behind the flock he is supposed to be leading much as the physician finds himself today behind the consumerism concept of practice. We both need to rethink old medical and religious dogma in light of today's knowledge and realize that any new dogma or school of medical practice will change again and again. We both need to lead and not be led.

(cont.)

The professions of theology and medicine are both working to eliminate themselves as professionals. With a heaven on earth there will be no need for ministers of the *soul* and with perfect health throughout the land there will be no need for the physician to tend the *soma*. Perhaps then, we in the West will attempt to emulate our eastern cousins and become more contemplative; searching for the inner peace of mind—a state of nirvana. Peace of mind produces longevity for many reasons! As no one approach to an ill patient is always best, so perhaps the single approach to the disturbed *soul* should be abandoned. However, the universality of God *through* the brotherhood of man is a long, long way away, judging by today's world conditions. Thus we must refer back to our old ways and habits as we search the future for the perfect soul within the healthy body. Hereby through the use of the ethics and religious guideons and in the realization that we have common ancestors not only as men but as professionals in the shaman, can we work together for the mutual benefit of our parishioner-patient. The commandment to *love thy neighbor as thyself* goes a long way and should mean a great deal to each profession and is just such an ethic.

Each of us, in our own way and using our own experience but without giving up what we hold to be self evident or the best in medicine can move ourselves, our families, our associates toward establishing a heaven on earth (without another prophet or messiah or with one) by practicing the central theme in those religions which espouse God. That theme stated differently but with the same connotation is "DO UNTO OTHERS AS YOU WOULD HAVE DONE UNTO YOURSELF." A single *soul* and a perfect *soma* for all can be achieved; for all things are possible through the spirit of God. But man must heal himself first, so that the fractured images of God are but one as it was in the beginning.

W. E. Stevens. M.D.



The Poet's Corner

To be supplied by whim, edited for space, and enjoyed by all.

CHRISTMAS

Christmas is a time for renewal of hope,
A time of goodwill and compassion -
A time of firelight and candlelight -
A time for joyful remembrances of
Christmases past.
A time for prayerful wishes for peace
in our hearts and homes -
A time for seeing Christmas through
the eyes of a small child.
But - most especially -
It is a time to remember the story of Love,
which began centuries ago
And spread to all the world,
encompassing all of us.
To praise God
on his special day -
Christmas.

Patricia K. Fitzpatrick
December 1978

Ray of Hope

In the dark night of sorrow
Do not worry yourself
Dawn is bound to come;
Wait for the dawn.

However dark may be the night
So will the morning be equally bright.
Darkness is but the guest of the night,
Delay for arrival of the morning is but slight.

I. B. Syed

ON TEACHERS

When, I am young and free
Give me a teacher
Who will lead me to the
Sheer depths of thought
Where I can dive in and race
Breathlessly thru the
Multitudinous ideas and facts
Stopping here and there
For observation and sampling
Then rushing on again
To new fields of science and love.

Later, give me a teacher
With soberness of mind
To train and mold my rushing thoughts
To decelerate me and point to serious ideas
For the good of all and me.

Still later, I'd like an associate
To point out my errors and encourage me
In the mixing of the world of reality
And the world of science
To pursue, with me, the racing years
Until I in turn have begun to teach
The younger, eager lads and lasses that bob up to repeat the cycle.

And last of all I'd like the teacher
Of all men, to talk to me and guide me
On thru the diverse paths of eternity
To truth and peace and rest.

W. E. S. Nov. 8, 1945

A LITTLE PHILOSOPHY INCLINETH MEN'S MINDS TO ATHEISM: BUT DEPTH IN PHILOSOPHY BRINGETH MEN'S MINDS ABOUT TO RELIGION.

Francis Bacon

There is nothing I can give you which you have not;
But there is much, very much, that while I cannot
give it, you can take. No heaven can come to us, unless
our hearts find rest today. TAKE HEAVEN!
No peace lies in the future which is not hidden in this
present instant. TAKE PEACE!

The gloom of the world is but a shadow. Behind it,
yet within reach is joy. There is radiance and
glory in the darkness, could we but see, and to see,
we have only to look. I beseech you to look!

Life is so generous a giver, but we, judging its gifts
by their covering, cast them away as ugly, or heavy
or hard. Remove the covering and you will find beneath it
a living splendor, woven of love, by wisdom with power.

Welcome it, grasp it, and you touch the angel's hand
that brings it to you. Everything we call a trial,
a sorrow, or a duty, believe me that angel's hand is there,
and the wonder of an overshadowing presence.
Our joys too; be not content with them as joys.
They too, conceal diviner gifts.

And so at this time, I greet you. Not quite as the world
sends greetings, but with profound esteem
and with the prayer that for you, now and forever,
the day breaks and the shadows flee away.

FROM THE EDITOR VIA FRA GIOVANNI

CORRESPONDENCE & LETTERS TO THE EDITORS

To The Editor:

Welcome to the club. As one new editor to another, the only advice I can give you is to follow the dictates of your conscience. An editor must assume ultimate responsibilities for all things that he publishes. Consequently, a free hand is essential in editing another man's work. If you select an item for publication, you are obligated to insure its integrity.

It is customary, if one makes significant changes in a manuscript, for the original author to be given an opportunity to review the article before publication. If he disagrees with your corrections, it is within your prerogative to reject it. Most often this can be negotiated to the mutual satisfaction of each party.

In regard to editorials, this is where the editor must express his opinion. It is a sacred right. The only guidelines once again are one's conscience, sense of propriety, concept of priority, willingness to get out on a limb, and thickness of hide. Just remember—you cannot please all the people all the time. (In fact, sometimes I wonder if we please anyone any of the time!) Our mission as editors in medicine is to educate and elevate. Under this broad rubric we have many options.

And finally, the editor must have fun. When it becomes more chore and less pleasure—one should consider other avocations. Good luck.

Sincerely,
Robert H. Moser, M.D.
Editor, J.A.M.A.

TEL. 413-736-9255

Medical Center Beauty Salon

SPECIALIST IN BEAUTY CULTURE

We Sell and Service Wigs

130 MAPLE STREET SPRINGFIELD, MASS.

THERE IS NO CURE FOR BIRTH OR DEATH SAVE TO ENJOY THE INTERVAL.
George Santayana

To The Editor:

The Board's regulation regarding acupuncture follows:

"Acupuncture is a practice of medicine and may be performed only 1) by a physician fully registered in the Commonwealth, or 2) by an acupuncturist in the employ of this physician after examination of the patient by this physician, consultation of this physician with the acupuncturist, and written authorization by this physician. This physician retains full legal responsibility for the competence of the acupuncturist, for the acupuncture and any and all consequences thereof."

I hope this clarifies the situation for Hampden physicians.

Sincerely,
David W. Wallwork, M.D.
Secretary—Board of Registration in Medicine
Department of Civil Service and Registration

To The Editor:

Just a note to thank you, Vivian Purdy and the other members of Hampden for making the arrangements for a very pleasant Council meeting.

I thought the seating arrangements were very satisfactory and the food excellent. It was also a pleasant surprise to see that 188 councilors were able to attend, which is only about 40 less than we average at the Boston meetings.

Please extend our thanks to all those who helped to make this meeting so successful.

Sincerely yours,
Thomas Gephart, M.D.
Secretary—Massachusetts Medical Society

Letters to the Editor

(cont.)

Dear Doctor:

The challenge of meeting the blood needs in Massachusetts is greater than ever. In order to increase blood collections, special efforts must be made to make donations convenient for the donor wherever an individual lives or works.

This year, the Bailey Trust Foundation has given the Massachusetts Red Cross Blood Program a challenge grant of $15,000 toward the $35,000 needed to purchase an additional Mobile Donor Center. It is imperative that we raise this money by December 1, 1973, the deadline set by the foundation.

Therefore, we have established a restricted fund to raise $20,000 for the purchase of this vehicle, and we are asking you for any financial support you can give us towards accomplishing our goal. Enclosed is a brochure explaining the concept of the Mobile Donor Center, a built-in pledge card and a return envelope.

Your contribution will be gratefully appreciated and acknowledged.

Sincerely,
Allan Kliman, M. D. Medical Director
Massachusetts Red Cross Blood Program
812 Huntington Avenue
Boston, Massachusetts 02115

* * *

Highpoint
Motor Inn
Restaurant - Lounge
Dining Room
90 Modern Units
Olympic Pool - Health Clubs
Area's Largest Facilities
For All Types of Functions
Seating 1500
at Exit 5, Mass. Pike & Rt. 33
450 Memorial Dr., Chicopee, Mass.

To The Editor:

You may be interested in knowing that a $70 million deficiency budget to pay back debts to providers of health care services has been passed by the Senate and House. The budget now goes to Governor Sargent who is expected to sign it within the next couple of days.

The Ways and Means Committee added strong language to the budget bill (H 7758) to protect providers as well as taxpayers and to insure that funds are not diverted from the purposes outlined in the bill. The intent is to pay long overdue obligations of the state and help get the payment system current at some point in the near future.

The budget provides for the payment of some $11 million owed physicians for back bills.

This matter of back debts to providers has been a touchy one and would not now be on the brink of being resolved if it hadn't been for a sensible approach to the issue on the part of the Governor and his aids, the legislature in both branches, and the various dedicated organizations and providers of medical services. A great deal of credit also goes to the media for focusing attention on this important problem.

As Chairman of the Sub-Committee on Tax-Supported Medical Care I wish to thank the members of the entire Committee for their cooperation and assistance in getting this problem resolved.

You may also be interested in knowing that the Cost of Living Council in Washington, D.C. has just approved the new rates granted by the Massachusetts Rate Setting Commission. These rates now go to the Massachusetts Department of Public Welfare and within a short time payment for medicaid services will be made at the new rates.

Have a Happy Thanksgiving.

Louis F. Alfano, M.D.
Vice-President, Massachusetts Medical Society
Chairman, Subcommittee on Tax-Supported Medical Care

LIST OF ADVERTISERS

Below is a list of our advertisers for 1973. In your contacts please tell these people how much we appreciate their support.

Airphone Company
Allison Window Cleaning
Arnold's Shoes
The Barclay
Beacon Investment
Beltone Hearing Aid Service
Betty's Old Towne House
Bracci Travel World
Lester L. Burdick, Inc.
Byron's Funeral Home, Inc.
Carroll Travel Bureau
Central Travel Bureau
Chester's Drug Store
Chez Josef
Colonial Mobile Telephone
Corliss Adjustment Bureau, Inc.
Curran-Jones, Inc., Funeral Home
Dale Bros. Laundry
Dickinson-Streeter Co., Funeral Home
Dunlop Florist
East Longmeadow Nursing Home, Inc.
Field, Eddy & Bulkley
First Bank
First Federal Savings & Loan Assoc.
C. B. Fleet Co., Inc.
Forest Park Ambulance
Gold Cross Medical Service
Hafey Funeral Service
Hampden Savings Bank
Harris Pharmacy
Henderson Funeral Home
Highpoint Motor Inn
Hoffman-LaRoche
Hollywood Uniform Center
Home & Sitter Services, Inc.
Intrav
Jaycox Restaurant
King's Drug Store
Landen-True, Jewelers
Lilly, Eli and Co.
Log Cabin Restaurant
Maico Hearing Aid Service
Mall Drugs
McCarthy-Madamas Funeral Home
Medical Center Beauty Salon
Merit Pharmacal Co.
Mountain View Stables
Norman's Pharmacy
O'Donnell, Edward F. Funeral Home, Inc.
Old Storrowton Tavern
Omartian Toros & Son, Inc.
Palmer's Kennels
Pen Lincoln Mercury
Penn Travel Agency
Pfizer
Picot's Place
Prop-R Walk Shoes
Ratell Funeral Home
Reliable Telephone Service
Sampson, T. P. Co.
Schine Inn
Sears, Dalton & Breck, Inc.
Smith, Kline & French
Smith Rexall Drug Store, Inc.
Spring St. Drug
Stuart Pharmaceuticals
Student Prince Restaurant
Tele Service
Valley Bank
Vernon Surgical Shop
Weidner Travel Bureau, Inc.
Willow Glen House
W. F. Young, Inc.
Yankee Pedlar

Dine in
Relaxed Elegance

Always a different and delicious menu to enjoy in pleasant comfort. Serving daily from eleven-thirty AM to midnight.

THE LOG CABIN
Easthampton Road, Route 141
HOLYOKE
536-7700

℞ Prescription Footwear
Is Our Business!

Put Your Patients In Our Shoes
Men — Women — Children

— WE CARRY —

1. Straight Last Surgical Boots
2. Abductor Shoes
3. Adductor Shoes
4. Denis Browne Splints
5. Thomas Heels
6. Depth Inlay Shoes
7. Torqheels

PROP-R WALK SHOES
ENFIELD VILLAGE
Rt. 190 - Hazard Ave. - Enfield, Conn.
Open Daily 9:30 - 5:30 P.M.
Friday Night 'till 9:00 P.M.
Brian Silvia, prop. (203) 745-9998

In Springfield, Holyoke, East Longmeadow, Longmeadow, Palmer & Wilbraham, we'll answer your phone 24 hours a day!

tele-service
785-1571
120 Maple St.,
Springfield, Mass. 01103

Hollywood Uniform Centers

WHITE SWAN UNIFORMS

YOUR WHITE SWAN UNIFORM SHOPS IN SPRINGFIELD

Professional Uniforms for Professional People

114 (Lower STATE ST. – 734-4364

248 BRIDGE ST. (UNIFORM SHOPPE) – 737-8543

MAICO

ALBERT L. MATTINGLY
CERTIFIED HEARING AID AUDIOLOGIST

MAICO HEARING AID SERVICE
HEARING AIDS - AUDIOMETERS
MEDICAL CENTER
130 MAPLE ST.

TEL.: 733-5109
SPRINGFIELD, MASS. 01103

STORROWTON TAVERN

On the Village Green
Eastern States Exposition Park
West Springfield, Massachusetts
Bill Kavanagh, Innkeeper

An original colonial inn serving the finest early American food and drink plus continental specialties • An incomparable setting for weddings, banquets and parties • Open year round. Phone: 732-4188

a little French restaurant

PICOT'S PLACE

DINNERS, 6 PM to 10 PM
DAILY and SUNDAY

548 Main St., Hampden, Mass.
Reservations (413) 566-3034

"Let's choose executors and talk of wills."

Act III, Richard II
William Shakespeare

Our complete Trust Department stands ready to assist you with skill, understanding and thorough knowledge. Take advantage of our proven experience.

FIRST BANK

A Shawmut Association bank serving • Springfield • Holyoke • Chicopee • Chicopee Falls • Fairview • Westover Air Force Base • Agawam • East Longmeadow • Longmeadow • Monson • Palmer • Westfield
Member Federal Deposit Insurance Corporation

More than just money

DOCTOR!

OUR COLLECTION SERVICE IS THE *RIGHT* PRESCRIPTION FOR YOUR DELINQUENT ACCOUNTS

we have served "The Business Side of Medicine" for over a quarter of a century

CORLISS ADJUSTMENT BUREAU, Inc.

293 Bridge Street Springfield, Mass. 01103

call our Medical Division, 739-7346